FOOD RESOURCES / CALENDAR MOUNT WASHINGTON AREA

see bit.ly/MWFood for online updates

WEEKLY FREE EVENTS

- Mondays, 3PM 6PM: FREE Dinners (frozen) by La Soupe @ Mt. Washington Library, 2049 Beechmont Ave. 45230
- Wednesdays, 6PM 8PM, FREE Community Meal @ Solid Rock Church, 3946 Hopper Hill Rd 45255
- Thursdays, 5:30PM 6:30PM: FREE Community Meal (currently carryout only) @ Anderson Hills @ Salem, 6137 Salem Rd 45230

MONTHLY

- 2nd Saturday of the Month, 5:30PM - 6:30PM : FREE Community Meal (drive-thru only) @ Mt. Washington United Methodist Church, 6365 Corbly Road 45230

OTHER

- 3/13, 9AM-10AM: Mobile Food Pantry non-perishables plus produce @ Mt. Washington Presbyterian Church, 6474 Beechmont Ave 45230
- 3/13, 11AM-2PM: Free Produce Pop-Up @ The Carnegie Center, 3738 Eastern Ave. 45226

FOOD PANTRIES

- SEM Food Pantry, 2020 Beechmont 45230 Please call 231-1412 for appointment Monday through Friday: 10AM-2PM; Tuesday & Thursday: 5:30PM-7:00PM; Saturday mornings: 10:00AM-12PM
- Interparish Pantry, 3509 Debolt Road, Newtown, OH 45244

 Monday: 10AM -12:00PM (noon); Tuesday: 10AM -12:00PM (noon)
- Little Pantry "take what you need, leave what you can" open 24 hours! Locations:
 - Mt Washington Presbyterian Church, 6474 Beechmont 45230 (west side)
 - 6131 Campus Lane 45230 (library side)
 - 6886 Salem Rd. 45230 (rear of building)
 - 6421 Corbly Rd. 45230 (near entrance)
 - 3546 Church St., Newtown, 45244 (parking lot by police station)

OTHER

- Rent, utilities, food, prescriptions assistance: St. Vincent DePaul, 513-624-3147
- Rent and utilities assistance: Community Action Agency, 513-369-1840, option #4
- United Way, Dial 211